

September 2019

Castellanos Kenpo Karate

Success Skill Word of the Month: Unshakable Character & Personal Honesty: Winning Black Belts who they are and where they are going. They affect their environment rather than letting their environment affect them. They make decisions based upon their own moral compass not based upon the tides and whims of those around them.

New T-shirts are coming..

**Upcoming Events: November: In-House Tournamnet
December: Brown & BB Workout**

	Mon	Tue	Wed	Thu	Fri	Sat
1 Remember, Bring your sparring gear to all classes!	2 Labor Day!	3	4	5	6	7
8 	9	10	11 Patriot Day!	12	13 	14
15 Practice! Practice! Practice!	16 Pre-test Week→	17	18 Leadership Lvl 2 Class 7pm	19	20	21
22 	23 Testing Week→ Sparring Week→ Autumn Begins	24	25 Leadership Lvl 2 Class 7pm	26	27	28 Make Up Class 12-1pm
29	30 Forms/Set Week→				Remember Check your progress on Test Prep Chart!	

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