

Name: _____

2ND DEGREE BROWN

- ___/___() 1. FATAL CROSS (Front Two Hand attempted low grab or push)
___/___() 2. TWIRLING HAMMERS (Front left step through punch)
___/___() 3. DEFENSIVE CROSS (Front right snap ball kick)
___/___() 4. DANCE OF DARKNESS (Front right kick followed by a right punch)
___/___() 5. MARRIAGE OF THE RAM (Right & Left shoulder grabs by two men)
___/___() 6. RAM AND THE EAGLE (Front right punch & rear shoulder grab by two men)
___/___() 7. ESCAPE FROM THE STORM (Right flank right overhead club)
___/___() 8. CIRCLING WINDMILLS (Front two hand push followed by right punch)
___/___() 9. DESTRUCTIVE KNEEL (Front right step through punch)
___/___() 10. BOWING TO BUDDHA (Front right roundhouse kick, while kneeling)
___/___() 11. REVERSING CIRCLES (Front left roundhouse kick followed by left punch)
___/___() 12. REPRIMANDING THE BEARS (Front right punch, rear bear hug arms free, by two men)
___/___() 13. CIRCLING THE STORM (Front right club thrust [poke])
___/___() 14. UNFOLDING THE DARK (Left punch from right rear flank)
___/___() 15. UNWINDING PENDULUM (Front right kick followed by a right punch)
___/___() 16. PIERCING LANCE (Front right knife thrust, your arms up)
___/___() 17. ESCAPE FROM DARKNESS (Right punch from left rear flank)
___/___() 18. CAPTURING THE ROD (Front right pistol hold up)
___/___() 19. PRANCE OF THE TIGER (Right flank right step through uppercut)
___/___() 20. BROKEN ROD (Rear right hand pistol)
___/___() 21. ENTWINED MACES (Front right & left straight punches)
___/___() 22. DEFYING THE ROD (Front right pistol hold up)
___/___() 23. FATAL DEVIATION (Front right & left punches)
___/___() 24. TWISTED ROD Front right pistol holdup)

FORMS & SETS & BASICS

STAFF FORM #1

___/___() ___/___()
starting date finishing date

KICKING SET #2

___/___() ___/___()
starting date finishing date

OWN FORM (20 TECHNIQUES) _____

EXTEMPORANEOUS FORM _____

2ND BROWN BELT PLEDGE

"I understand that like a doctor the private affairs of students and fellow instructors that come to my attention during the exercising of my responsibilities are private communications and must never be discussed with any living soul. I vow that I will never violate this pledge nor any other for the sake of personal benefit."